



AMBLECOTE PRIMARY SCHOOL LUNCH MENU

SEPTEMBER 2019 TO APRIL 2020

WEEK 1

2 SEPTEMBER, 23 SEPTEMBER, 14 OCTOBER,
11 NOVEMBER, 2 DECEMBER, 6 JANUARY,
27 JANUARY, 24 FEBRUARY, 16 MARCH

MONDAY

Chicken curry
Salmon Bites
v - Pasta bake
Mashed Potato, Peas & Baked Beans
Fruity Flapjack & Custard

TUESDAY

Wraps
v - Macaroni Cheese
Fish of the Day
Best of Both Rice, Sweetcorn
Jam Rounds

WEDNESDAY

Roast Chicken & Seasoning
v - Quorn Chicken Pitta
Fish of the Day
Roast & Baby Potatoes
Carrots & Cabbage
Apple Crumble & Custard

THURSDAY

Spaghetti Bolognese & Garlic Bread
v - Quorn bolognese & Garlic Bread
Fish of the Day/wraps
Waffle Fries, Broccoli & Coleslaw
Lemon Drizzle Cake & Custard

FRIDAY

Margherita Pizza
v - Cheese Plait
Breaded Fish Fillet
Chipped Potatoes,
Baked Beans & Sweetcorn
Banana Muffin & Glass of Milk

WEEK 2

9 SEPTEMBER, 30 SEPTEMBER, 21 OCTOBER,
18 NOVEMBER, 9 DECEMBER, 13 JANUARY,
3 FEBRUARY, 2 MARCH, 23 MARCH

Beef Grill
v - Cheese savoury
Fish of the Day
Fat Free Wedges
Sweetcorn & Spaghetti Hoops
Fruit Cheesecake

Crispy Chicken Bites
v - Quorn Cottage Pie
Fish of the Day/wraps
Sauté Potatoes,
Country Mixed Vegetables
Pineapple Upside down Cake & Custard

Roast Gammon & Pineapple
v - Quorn and vegetable curry
Fish of the day
Boiled Rice, Mashed Potato Carrots &
Peas
Rice Pudding with Pears & Raisins

Chicken Flatbread
v - Wrap
Fish of the Day
Waffle Fries, Green Beans & Sweetcorn
Chocolate Crunch & Mint Custard

Pepperoni Pizza
v - Vegetarian Pizza
Fish of the Day
Chipped Potatoes, Peas & Baked Beans
Strawberry Mousse

WEEK 3

16 SEPTEMBER, 7 OCTOBER, 4 NOVEMBER,
25 NOVEMBER, 16 DECEMBER, 20 JANUARY,
10 FEBRUARY, 9 MARCH, 30 MARCH

All Day Breakfast
v - Veggie Breakfast
Fish of The day
Boiled Rice, Diced Potato, Peas, Carrots
Eton Mess

Wraps
v - Veggie Balls in Tomato Wrap
Fish of The day
Hash Browns, Baked Beans, Sweetcorn
Chocolate Sponge with Beetroot &
Chocolate Sauce

Roast Beef & Yorkshire Pudding
v - Cheese Savoury
Fish of the day
Roast & Boiled Potatoes
Broccoli, Mixed Vegetable
Apple & Blackcurrant Crumble
& Custard

Chicken Wrap
v - Quorn Sausage Cowboy Hotpot
Fish of the Day
Wedges, Sweetcorn, Rainbow Slaw
Sticky Toffee Pudding & Custard

Pepperoni Pizza
v - Vegetarian pizza
Fish of the Day
Chipped Potatoes, Baked Beans,
Peas & Sweetcorn mix
Oaty Cookie

DELI OPTIONS

(ALWAYS AVAILABLE)

Jacket Potato Served with a variety of fillings
Help yourself salad cart, freshly made bread,
Grab bag sandwich meal

DAILY DESSERTS

(ALWAYS AVAILABLE)

Chef's handmade dessert (see board for details)

Selection of fresh fruit, Yoghurt, Cheese & Biscuits, Jelly, Orange Squash (new)



CorporateLandlordServicesCatering

