



# THORNS PRIMARY SCHOOL LUNCH MENU

SEPTEMBER 2019 TO APRIL 2020

## WEEK 1

2 SEPTEMBER, 23 SEPTEMBER, 14 OCTOBER,  
11 NOVEMBER, 2 DECEMBER, 6 JANUARY,  
27 JANUARY, 24 FEBRUARY, 16 MARCH

MONDAY

Pork Sausage in Onion Gravy  
Fish Finger Wrap  
v- Quorn Sausage in Onion Gravy  
*Mashed Potato*  
*Peas & Baked Beans*  
Fruit Flapjack & Custard

TUESDAY

Chicken Tikka Curry  
Mediterranean Chicken Wrap  
v- Macaroni Cheese  
*Best of both rice, Sweetcorn*  
Jam Rounds

WEDNESDAY

Roast Chicken & Seasoning  
Barbecue Wrap  
v- Quorn Chicken Pitta/Pizza Pocket  
*Roast and Baby Potatoes*  
*Carrots & Cabbage*  
Apple Crumble & Custard

THURSDAY

Spaghetti Bolognese & Garlic Bread  
Chicken Wrap  
v- Vegetarian & Lentil Spaghetti  
& Garlic Bread  
*Waffle Fries, Sliced Green Beans*  
& *Coleslaw*  
Lemon Drizzle Cake & Custard

FRIDAY

v- Margherita Pizza  
Breaded Fish Fillet  
Roast Vegetable Wrap  
*Chipped Potatoes*  
*Baked Beans & Sweetcorn*  
Banana Muffin & Glass of Milk

## WEEK 2

9 SEPTEMBER, 30 SEPTEMBER, 21 OCTOBER,  
18 NOVEMBER, 9 DECEMBER, 13 JANUARY,  
3 FEBRUARY, 2 MARCH, 23 MARCH

Beef Grill  
Chicken Wrap  
v- Cheese Pinwheel  
*Fat Free Wedges*  
*Sweetcorn & Spaghetti Hoops*  
Fruit Cheesecake

Cottage Pie  
BBQ Chicken Wrap  
v- Quorn Cottage Pie  
*Sauté Potatoes,*  
*Country Mixed Vegetables*  
Pineapple Upside down Cake & Custard

Roast Gammon & Pineapple  
Chicken Wrap  
v- Vegetable & Lentil Korma  
*Boiled Rice / Mashed Potato*  
*Carrots & Peas*  
Rice Pudding with Pears & Raisins

Meatballs in tomato sauce  
Chicken Wrap  
v- Vegetable & Quorn Pie  
*Pasta twists, Waffle Fries,*  
*Green Beans & Sweetcorn*  
Chocolate Crunch & Mint Custard

Chicken Pitta Pizza Pocket  
Fish Finger Wrap  
v- Vegetarian Pizza  
*Chipped Potatoes, Peas & Baked Beans*  
Strawberry Mousse

## WEEK 3

16 SEPTEMBER, 7 OCTOBER, 4 NOVEMBER,  
25 NOVEMBER, 16 DECEMBER, 20 JANUARY,  
10 FEBRUARY, 9 MARCH, 30 MARCH

Chicken Katsu Curry  
Chicken Wrap  
v- Quorn Katsu Curry  
*Boiled Rice, Diced Potatoes*  
*Peas, Carrots*  
Eton Mess

All Day Breakfast  
v- Veggie Breakfast Wrap  
Tuna Tomato Pasta Bake  
*Hash Browns, Garlic Bread*  
*Baked Beans, Sweetcorn*  
Chocolate Sponge with Beetroot &  
Chocolate Sauce

Roast Beef & Yorkshire Pudding  
Chicken Wrap  
v- Cheese Savoury  
*Roast & Boiled Potatoes,*  
*Broccoli, Mixed Veg*  
Apple & Blackcurrant Crumble  
& Custard

Chicken Wrap  
v- Quorn Sausage Cowboy Hotpot  
*Wedges, Sweetcorn, Rainbow Slaw*  
Sticky Toffee Pudding & Custard

Tempura Fish Goujons Wrap  
v- Margherita Pizza  
*Chipped Potatoes, Baked Beans,*  
*Peas & Sweetcorn Mix*  
Oaty Cookie

## DELI OPTIONS

(ALWAYS AVAILABLE)

Jacket Potato Served with a variety of fillings  
Help yourself salad cart, freshly made bread,  
Grab bag sandwich meal

## DAILY DESSERTS

(ALWAYS AVAILABLE)

Chef's handmade dessert (see board for details)

Selection of fresh fruit, Yoghurt, Cheese & Biscuits, Jelly, Orange Squash (new)

