



# WODEN PRIMARY SCHOOL LUNCH MENU

SEPTEMBER 2019 TO APRIL 2020

## WEEK 1

2 SEPTEMBER, 23 SEPTEMBER, 14 OCTOBER,  
11 NOVEMBER, 2 DECEMBER, 6 JANUARY,  
27 JANUARY, 24 FEBRUARY, 16 MARCH

MONDAY

Toad in the hole (chicken sausages)  
Salmon Bites wrap  
v - Quorn Sausage in Onion Gravy  
*Creamed Potato, Peas & Baked Beans*  
Banana muffin & Custard

TUESDAY

Chicken Tikka Curry/chicken wrap  
v - Macaroni Cheese  
*Best of Both Rice, Sweetcorn*  
Jam Rounds

WEDNESDAY

Roast Chicken & Seasoning/BBQ wrap  
v - Cheese plait  
*Roast and Baby Potatoes,  
Carrots & Cabbage*  
Fruit cheesecake

THURSDAY

Spaghetti Bolognese & Garlic Bread  
Chicken Wrap  
v - Quorn Bolognese & Garlic Bread  
*Waffle Fries, Broccoli & Coleslaw*  
Lemon Drizzle Cake & Custard

FRIDAY

Breaded Fish Fillet  
v - Margherita Pizza  
*Chipped Potatoes,  
Baked Beans & Sweetcorn*  
Oaty Cookies & Glass of Milk

## WEEK 2

9 SEPTEMBER, 30 SEPTEMBER, 21 OCTOBER,  
18 NOVEMBER, 9 DECEMBER, 13 JANUARY,  
3 FEBRUARY, 2 MARCH, 23 MARCH

Grilled chicken burger/chicken wrap  
v - Cheese Pinwheel  
*Fat Free Wedges  
Sweetcorn & Spaghetti Hoops*  
Fruit Cheesecake

Crispy Chicken Bites  
BBQ Chicken Wrap  
v - Quorn Cottage Pie  
*Sauté Potatoes, Country  
Mixed Vegetables*  
Pineapple Upside down Cake & Custard

Roast Chicken & seasoning  
Chicken Wrap  
v - Vegetable and Lentil Korma  
*Rice / Mashed Potato Carrots & Peas*  
Rice Pudding with Pears & Raisins

Chicken Flatbread  
v - Veggie Balls in tomato sauce  
with pasta twist  
*Waffle Fries, Green Beans & Sweetcorn*  
Chocolate Crunch & Mint Custard

Fish Fingers/Fish Finger wrap  
v - Vegetarian Pizza  
*Chipped Potatoes, Peas & Baked Beans*  
Fruity shortcake

## WEEK 3

16 SEPTEMBER, 7 OCTOBER, 4 NOVEMBER,  
25 NOVEMBER, 16 DECEMBER, 20 JANUARY,  
10 FEBRUARY, 9 MARCH, 30 MARCH

Chicken Katsu Curry  
Fish finger wrap  
v - Tomato pasta bake  
*Boiled Rice ,Diced Potato, Peas, Carrots*  
Eton Mess

All day breakfast / v -Veggie Breakfast  
Tuna wrap  
*Hash Brown / Garlic Bread  
Baked Beans / Sweetcorn*  
Chocolate Sponge with Beetroot &  
Custard

Roast Chicken & seasoning  
Chicken Wrap  
v - Cheese Savoury  
*Roast & Boiled Potatoes  
Broccoli / Mixed Vegetables*  
Apple Sponge & Custard

Chicken Wrap  
v - Quorn Sausage Cowboy Hotpot  
*Wedges, Sweetcorn / Rainbow Slaw*  
Sticky Toffee Pudding & Custard

Cod Bites  
v - Vegetarian Pizza  
*Chipped Potatoes  
Baked Beans / Peas & Sweetcorn Mix*  
Oaty Cookie

## DELI OPTIONS

(ALWAYS AVAILABLE)

Jacket Potato Served with a variety of fillings  
Help yourself salad cart, freshly made bread,  
Grab bag sandwich meal

## DAILY DESSERTS

(ALWAYS AVAILABLE)

Chef's handmade dessert (see board for details)  
Selection of fresh fruit, Yoghurt, Cheese & Biscuits, Jelly, Orange Squash (new)

